

Statement of Pertinent Facts Relative  
to Personal Oral Hygiene  
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1. About 80 to 90 per cent, on an average, of all the teeth of adults in this country have caries lesions in some stage of activity and advancement. (This includes microscopic, early stage and less active lesions which cannot now be diagnosed clinically).
2. Periodontoclasia ("pyorrhoea") is a universal disease of man, beginning (as gingivitis) in childhood, continuously advancing and never ending as long as any teeth remain.
3. In periodontoclasia, and also in the more advanced stages of caries involving the pulp, more or less bacteria and/or their toxins are carried deep into the periodontal tissues, whence they are often driven into the blood stream.
4. Through intensive laboratory research I secured accurate information as to the microscopic etiological and pathological conditions at the particular locations where the lesions of each of these diseases originate and advance. After having this information I then designed, described and have taught a method of personal oral hygiene whereby, for all practical purposes, these diseases can be entirely prevented and, with the services of informed dentists, further activity and advancement of existing lesions also can be almost entirely prevented. In the light of the facts relative to the local etiological conditions no such results can be secured, no matter what else may be done, unless the individual knows and regularly follows this definite method of personal oral hygiene.
5. Our method is different from, and in some vital particulars is quite the opposite of inadequate and inappropriate methods of home care of the teeth generally advocated and followed. All the teeth must be cleaned right with the right kind of both toothbrush and dental floss, every night before retiring. Each person must be instructed (shown) individually by someone who knows and can teach this exact method.
6. This method, and accurate information relative to the microscopic etiological conditions which make it necessary, are not taught at present in the dental schools. Therefore dentists, to know it, have to learn it after they graduate. Some have learned it, more or less well, and are now enthusiastically teaching it to their patients. Prevention is now an important part of their dental health service. Thousands of their patients who have learned and are following our method are now experiencing the the highest degree of oral cleanliness and dental health. They will be able in this way to keep their present teeth healthy and functional as long as they live.
7. For research purposes and for experience, over the years, I have taught this method to a good many students, faculty and others. After much experience in this regard I am able to successfully teach it to any average intelligent interested person in less than 30 minutes. There is rapid subsidence of inflammation and suppuration. Soon there is no further periodontoclasia activity. Caries activity is greatly reduced or entirely prevented. Every dentulous person (including faculty and students) urgently needs the required individual and personal instruction to enable him to learn and to follow the only effective method now known for maintaining oral cleanliness and maximal dental health.

I am prepared to confirm and substantiate the above statements to the entire satisfaction of anyone who wishes to know the facts in this regard and will give me the opportunity to do so.